



# SOGLIO

Nurtured by the force of mountains



## *Body Care with the Charm of South Grisons – typically SOGLIO*

«In the mountains of Bregalia  
we create distinguished and unique  
products. With this we unfold economic  
activities that are worthy of this special  
valley.»

*SOGLIO's vision*





## *Make a mark in the Mountains!*

### **For the Mountains and Bregaglia**

Bregaglia has a unique cultural landscape with its rugged mountains, colourful meadows, bubbly streams, with multifaceted, untouched nature. Only a few kilometres span between the high alpine climate of the surrounding mountains and the southern ambiance of the chestnut forest between Soglio and Castasegna.

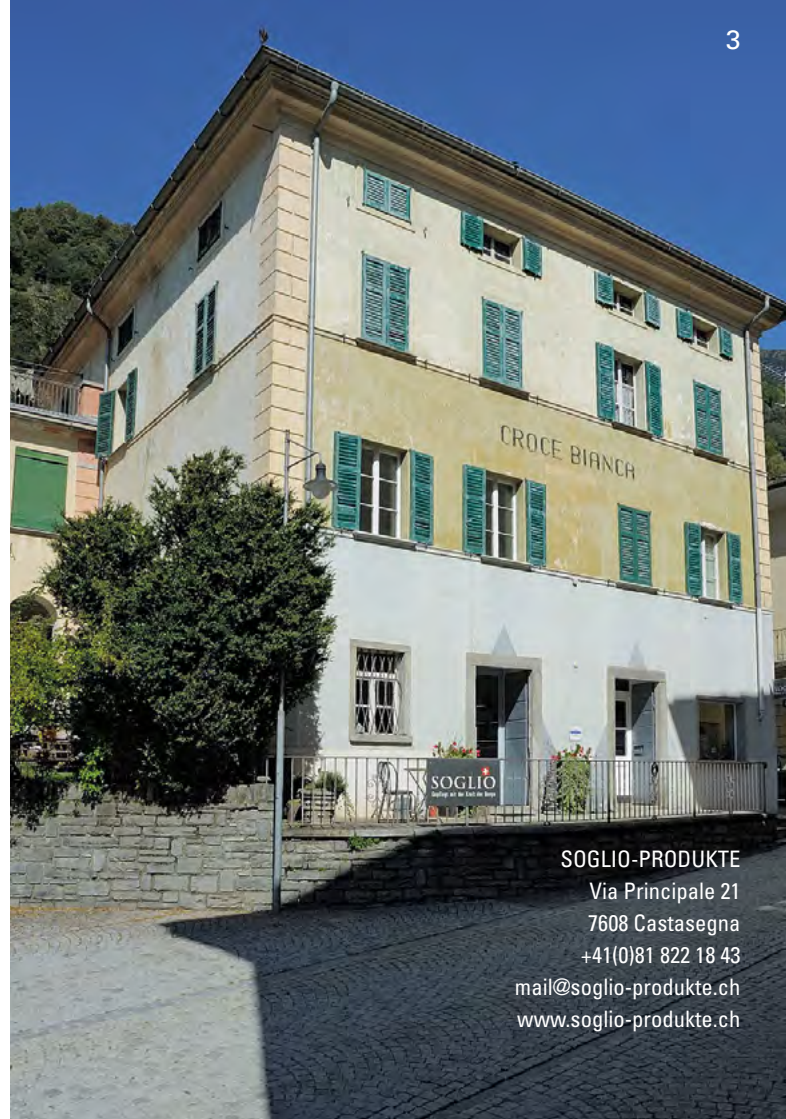
The valley has a historic character. These various witnesses of time can even be met today. For over 40 years, SOGLIO has supported the economic development of this special valley and uses this hotspot as a source of inspiration. The processed herbs originate primarily from SOGLIO and its surroundings, where they have been cultivated or freely collected.

### **For Skin and Hair**

With great care SOGLIO develops formulas for a soothing hair and skincare experience. When developing our products, we consider the needs of particularly sensitive skin without compromise. SOGLIO connects its longstanding experience with sensitive resources with the advantages of the best technology. Here we create quality through passion and professionalism – to make body care enjoyable!

### **For People and the Environment**

Precious natural resources, modern means, gentle production techniques and a large amount of handiwork during production are behind the quality of each SOGLIO product. We know our natural resources and understand our craft. Over four decades we have continually modernized our processes without forgetting our greatest concern – to act ecologically and sustainably.



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## *Protection Against Wind and Weather*



Calendula oil (page 31),  
Soap with alpine herbs (page 13)

The calendula (*calendula officinalis*) has particularly nourishing qualities. That is why it is contained in so many SOGLIO products.



## *Nurtured by the Force of Mountains*

### **CALENDULA CREAM** 35 ml, 50 ml, 75 ml, 220 ml

Stressed skin can become dry and rough through strenuous work and frequent hand washing. The popular SOGLIO classic keeps the skin soft and elastic. The universal cream protects sensitive skin, also facial skin, against the cold, and gives it a delicate herbal-floral fragrance. The nourishing cream contains extracts from calendula and St. John's wort. Wheat germ oil on a basis of lanolin round off this classic formula.

### **LIP BALM** 15 ml, 17 ml

Cold and dry weather can stress your lips. The intensive care lip balm protects the lips from cold, and prevents rough and brittle skin. Basis of this formula is beeswax, extracts of camomile and calendula dissolved in wheat germ oil, as well as jojoba and sesame oil. Together these ingredients make your lips soft and nourished.





*Active and Fit –*

*Good for Body  
and Soul*



Outdoor activities like mountain bike tours, hiking and climbing can be very exertive for your muscles and bones. But the indescribable beauty you experience outside is worth the pain! It is therefore important to take the time to prepare and warm up. With this comes the right body care before and after each work-out. Of course, SOGLIO has suitable products for that.



## Alpine Power!

### **SOLIOFIT** 50 ml, 200 ml

The regenerating sport balm for shoulders, back, hips and knees before and after physical workouts. The balm contains 33% goat butter oil, as well as peanut oil, alpine hemp oil and extracts from spiraea and rosemary. Pyrola, lemongrass and lavender add a refreshing fragrance. Suitable for adults and children over 3 years.

### **VALSER BALM** 50 ml, 200 ml

An intensive massage balm for a soothing cure-like care. Rich in nurturing goat butter oil to regenerate the joints. Essential oils of rosemary, juniper, thyme and lavender support the blood circulation and nurture the skin.

### **SPIREA SPORT** 100 ml, 1080 ml

An intensive sports massage with this soothing oil before or after physical exertion does you a world of good. Extracts from spiraea blossoms and leaves, as well as pyrola oil support blood circulation and add a sporty fragrance. Spirea Sport can also be used as a bath oil. Not suitable for children under 3 years.

### **CHAMOIS CREAM** 75 ml

This special cream has been developed by SOGLIO together with the biking specialist VELO-PLUS. The skin takes a lot of stress where friction, pressure and sweat come together – e.g. on long bike tours, when horse riding or rowing, or in a wheel chair. The oils and hydrous extracts from St. John's wort and calendula provide intensive care and keep the skin elastic. This cream is friendly to mucous membranes.



The excellent qualities of goat butter and their short-chain fatty acids make an ideal body care product for muscles and joints. In SOGLIO everything began with the prevalent knowledge from medicine about the qualities of our Alps and an enthusiasm about the goat that takes care of the landscape. So became a rheumatic ointment the first SOGLIO product. In an elaborate process, the high quality SOGLIO goat butter oil is extracted from the butter.



## *Enjoy the Sun without Remorse*

### **Know How**

In the alps the sun is particularly strong. The best protection besides adequate clothing is sun protection cream. Apply Solar 7 half an hour before sun exposure and repeat when necessary, and allow yourself to be in the shade every now and then.





## *Gentle care for sensitive skin*

### **SOLAR 7** 35 ml, 75 ml, 200 ml

When exposed to the sun, your skin needs extra care. Even before there was a sun protection factor (SPF), SOGLIO had developed a product that stood the test with sensitive skin. Solar 7 made itself a name with our sun-sensitive users. Even under strong sun exposure, from the Himalaya over 7000 m a.s.l., or Australia, our customers have reported to us about their good experiences. Extracts from chestnut leaves and walnut shells support the protection with the UVA und UVB filters. Solar 7 also protects the skin from dehydrating. Avoid contact with clothing, as the natural ingredients of the products may rub off.

### **AFTER-SUN** 200 ml

Long sun exposure dehydrates and burdens the skin. The skin feels brittle and stressed. The After-Sun gel provides intensive moisture and pleasantly cools and relieves excessive heat. After-Sun is fast-absorbing and will not leave an oily feel. It supports a natural skin balance and speeds up the skin regeneration. The gel contains extracts from calendula, St. John's wort and lavender.





# *Bubbly streams, brawling waterfalls – Bregaglia*



Clear, fresh mountain spring water can be found in all SOGLIO products. This precious source full of energy and minerals gets our special landscape to flourish.



## *Gentle herbal care for hair and scalp*

### **SHAMPOO FOR NORMAL HAIR** 35 ml, 200 ml, 1000 ml

This cleansing, mild and plant-based shampoo for normal and dry hair contains extracts from sage, calendula and nettles (urtica). It exudes a warm herbal fragrance.

### **SHAMPOO GRAN ALPIN** 200 ml, 1000 ml

This nourishing shampoo for normal and oily hair contains extracts from alpine barley and handpicked herbs. It makes your hair light, voluminous and shiny – with a fruity-balsamic fragrance.

### **SHAMPOO ANTI-DANDRUFF** 200 ml, 1000 ml

Extracts of alpine lichen, combined with hand-picked herbs (nettles, coltsfoot, equisetum) have a nourishing effect, prevent dandruffs and give the shampoo its warm herbal fragrance.

### **CONDITIONER** 200 ml

Damaged and dry hair receives special care with this rinse-out balm. The conditioner protects the hair structure from exposure and makes it easy to detangle. Edelweiss and hand-picked herbs strengthen the hair and give it a new glow and softness.

### **HAIR LOTION** 100 ml

When scalp is stressed or irritated the hair roots are weakened. This refreshing tonic with extracts from traditionally dried chestnuts from Bregaglia and essential rosemary oil strengthen and nourish the scalp, and support blood circulation.





## *Pure Hand- crafts*

The gentle plant soaps by SOGLIO cleanse the skin and, thanks to their richness in oils, protect it from drying out. They are produced in a soap manufacture in a traditional cold saponification process. The strict formulaic guidelines and SOGLIO's collected, high-value ingredients result into highest quality. Thanks to their practical and handy size, the soaps fit into every backpack – perfect for outdoor activities and trips!



«Five soaps» (page 21)



## Soap Up!

### SOAP WITH ALPINE HERBS 95 g

With a fresh and revitalizing fragrance. Contains calendula, camomile and juniper, as well as calendula blossoms.

### LAVENDER SOAP 95 g

With a pleasingly fresh and soothing lavender fragrance. Contains lavender extracts as well as essential lavender oil.

### SOAP WITH ST. JOHN'S WORT 95 g

With a soothing floral fragrance. Contains nourishing St. John's wort oil.

### SOAP MONTAGNA 95 g

With a refreshing citrus fragrance. Contains SOGLIO spiraea oil.

### BERGWALD SOAP 95 g

With a strong, mossy fragrance. Contains oils from spruce, juniper and larch branch tips. The name of the soap is dedicated to the mountain forest project "Bergwaldprojekt" that, with its hard work, continues to make a large contribution to the preservation of the cultural landscape in the mountains ([www.bergwaldprojekt.ch](http://www.bergwaldprojekt.ch)).





## *Pure Joy of Living*

SOGLIO's shower specials are ideal for a daily gentle and cleansing experience. They provide a healthy and hydrated skin. Thanks to their natural ingredients, our shower products are biodegradable. They are also ideal as bath essentials and create a lovely foam.





## Feeling Fresh Everyday

### **SHOWER GEL – DUSCHPLUS** 35 ml, 100 ml, 200 ml, 1000 ml

For everybody who keeps it uncomplicated: Here's a refreshing shower gel and shampoo in one. Duschplus with its sprightly-herbal fragrance is our most popular shower product. Hydrating extracts of hemp leaves make this plant-based shower gel a gentle cleansing for both body and hair.

### **SHOWER GEL – DUSCHBAD** 200 ml, 1000 ml

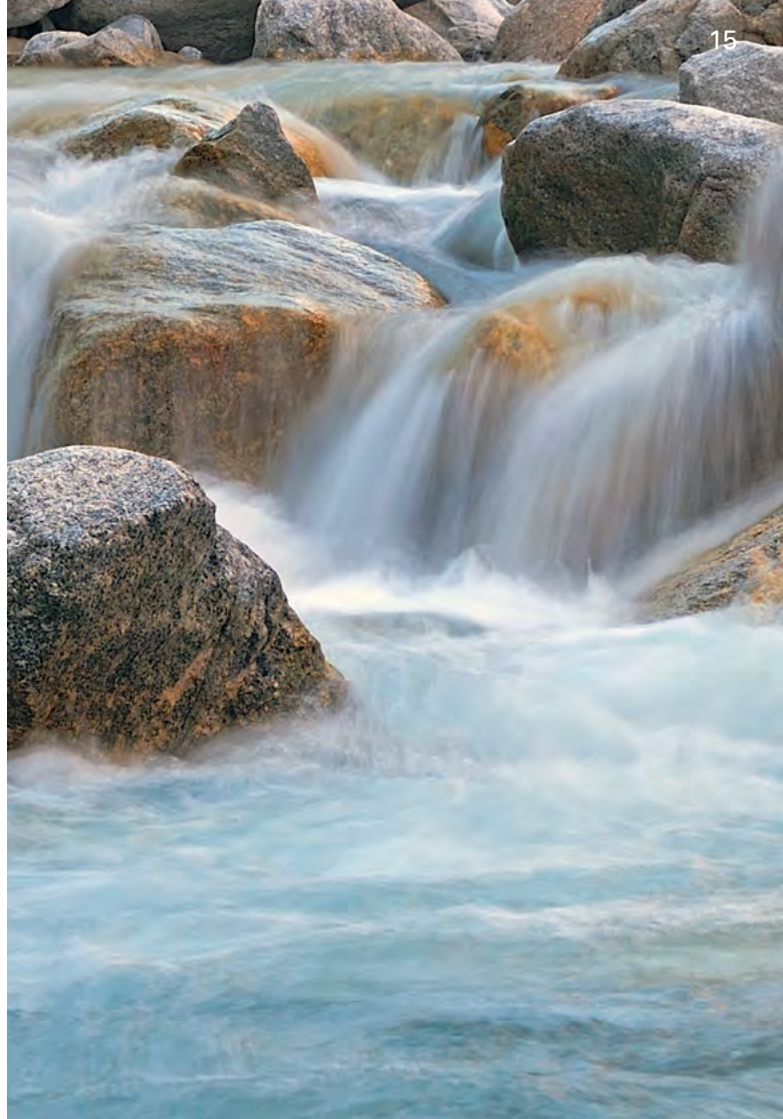
The gentle shower gel with a floral-herbal fragrance. Extracts from large-leaved linden (*Tilia platyphyllos*) blossoms, melissa and hand-picked herbs make this a refreshing shower experience.

### **SHOWER GEL – DUSCHBAD LAVENDER** 200 ml, 1000 ml

We recommend this gentle shower gel for sensitive skin in particular. Hydrating herbal extracts as well as essential lavender oils gently cleanse your skin and exude a lovely and calming fragrance.

### **DEODORANT ROLL-ON** 50 ml

This natural deodorant will give you a long-lasting fresh feeling. Women and men alike appreciate the understated floral fragrance. Extracts from sage and camomile and other plant-based ingredients create a deodorant and soothing experience. Apply the roll-on on freshly towelled skin and let it dry for optimal use.





# *Autumn Idyll*



Whey from sheep's milk is SOGLIO's speciality. It contains a large amount of precious minerals and is rich in vitamins. The containing orotic acid is particularly precious, as it nourishes and hydrates the skin. SOGLIO receives its sheep's whey from the Demeter-certified Albula farm in La Punt in Oberengadin.



## Take your time, treat yourself, just be present

### BODY MILK 35 ml, 200 ml, 1000 ml

This rich, liquid cream contains hydrating sheep's whey from Engadin and almond oil. It gently nourishes the skin with a floral fragrance, hydrates and makes it comfortably soft. This emulsion works best when applied to damp skin.

### BODY LOTION LAVENDER 200 ml, 1000 ml

This rich body milk absorbs quickly without leaving an oily feel. Sheep's whey and almond oil protect the skin from drying out. Revitalizing lavender oil nurtures the skin and gives it a calming fragrance.

### BODY MILK

Wellness care to treat yourself. Grisons as an experience for body and soul.

- **BREGAGLIA** with a green-mountainous fragrance, 200 ml
- **ENGIADINA** with a spicy fragrance, 200 ml
- **VALS** with an herbal-refreshing fragrance, 200 ml, 1000 ml





*Man  
and Beard*



## Mountain and Beard

### BEARD SOAP 45 g

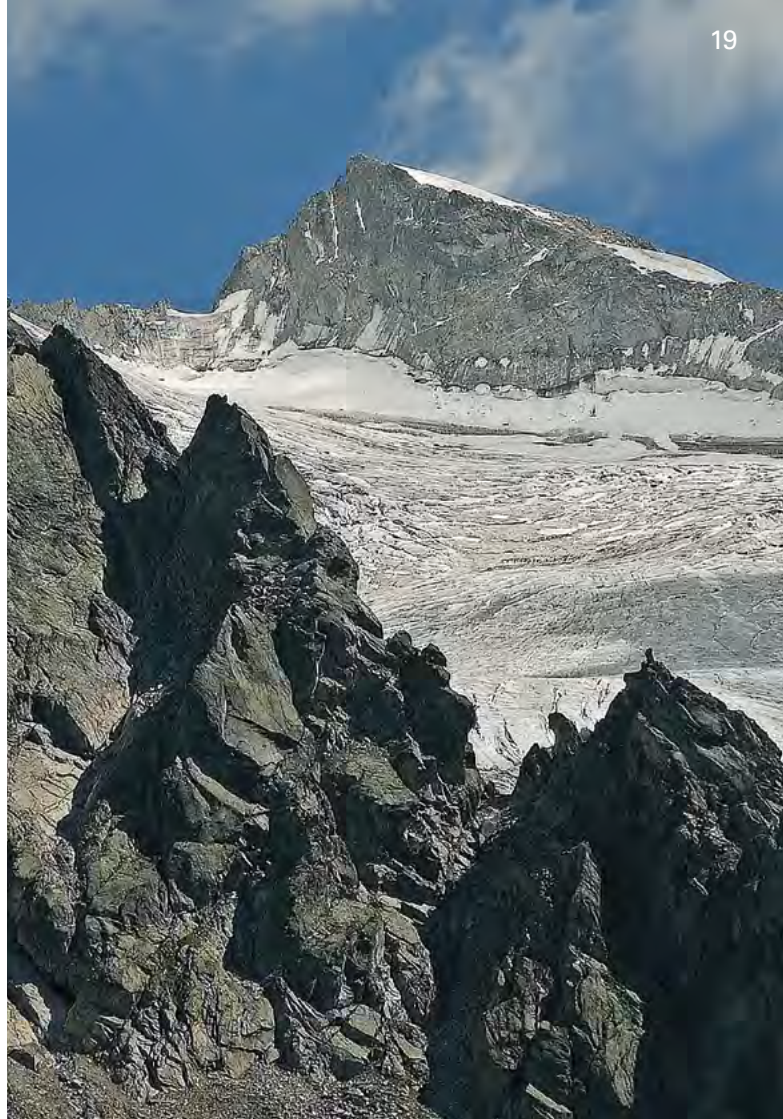
The rough landscape of Bregaglia often brings out the most charismatic guys! And not too rarely, they have beards. Like all hair, beards need to be cleaned properly. For this our beard soap has stood the test. The clay binds dirt and grease. And the soap cleanses the facial skin to prevent blemishes.

### BEARD OIL 30 ml

The oil helps when the beard gets itchy. It provides your beard hair and facial skin with the necessary nurturing ingredients and even helps dry facial skin. Moreover, the oil gives your beard a nice shine and a lovely balsamic fragrance.



Gift-box «Barba» (page 21)





20

*A piece of Bregaglia at home...*

... brings joy  
... shows appreciation  
... awakens memories

20

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## *A moment of vacation to give away*

### **BERGWALD** for daily care

*Shampoo for normal hair 200 ml, Showerbath 200 ml, Calendula cream 50 ml,  
Bergwald soap 95 g*

### **MONTAGNA** for the active

*Showerplus 200 ml, Foot care balm 75 ml, Soliofit 50 ml, La Montagna soap 95 g*

### **ALPINE LOVE** for everybody who knows or wants to get to know SOGLIO

*Solar 7, Calendula cream, Foot care balm, Body milk, Showerplus (35 ml tubes each)*

### **FIVE SOAPS** to bring home or for the outdoors

*Mountain herbs soap, Bergwald soap, St. John's wort soap, Lavender soap,  
La Montagna soap (95 g each)*

### **GRISONS ALPINE POWER** to bring home or try out

*Mountain herbs soap 25 g, Showerplus 15 ml, Body milk 15 ml, Calendula cream  
5 ml, Foot care balm 5 ml, Massage oil 15 ml, Pecorlana cream 5 ml*

### **BARBA** for those with beards

*Beard oil 30 ml and beard soap 45 g*

### **MAIRA** for at home

*Wash lotion 100 ml, Body milk 35 ml, Mountain herbs soap 25 g*

### **BUNDI** for travelling

*Calendula cream 35 ml, Showerplus 100 ml, Mountain herbs soap 25 g*





*SOGLIO – at the Source*





## *In need of refreshments?*

A daily facial routine keeps your skin healthy and prevents your pores from clogging, and irritated skin.

### **FACIAL TONIC** 125 ml, 1000 ml

Refreshing after-tonic for an after-cleanse of normal and oily skin. With nourishing calendula extracts, renews the skin and removes any remaining make-up.

### **WASHING LOTION** 100 ml

The gentle lotion for a mild cleansing of normal, dry and sensitive skin. It contains precious extracts of edelweiss, thyme, large linden leave blossoms and buddleia. This creates a soft antimicrobial and soothing effect. The washing lotion also removes make up.

### **CLEANSING LOTION** 100 ml

For a pore-deep cleansing of oily and normal skin. The lotion is pH-balanced and contains sheep's whey, as well as cleaning lichen extracts and essential oils.





## *Landscape Full of Strength*

The chestnut, which used to be the bread of the poor in Bregaglia, cannot only be used in the kitchen but has good qualities for your body. The skin profits from the astringent effect of the leaves and their advantageous sun protection. The fruits give the skin strengthening anti-oxidants.



Hair lotion (page 11), Solar 7 (page 9)



## Daily Care for Her and for Him

### TOOTH PASTE 75 ml

Specially crafted for SOGLIO, the natural tooth paste contains extracts of green tea for gentle dental hygiene. Extracts of camomile nurture your gums. Peppermint oil and liquorice leave a fresh taste in your mouth.

### ACQUA CASTANEA 100 ml

The vitalizing aftershave with a refreshing herbal fragrance. Bregaglia chestnuts create an astringent effect. Acqua Castanea may also be applied before shaving. The leaves and the essential oils are resolved in a 28% tincture without solubilizing agents, so please shake well before use. Avoid contact with clothing, as the extracts from chestnut leaves may rub off.

### SATIVA CREAM 50 ml

The nourishing day and night cream specially made for normal and oily skin. The facial cream is rich in hemp seed oil and extracts from hemp leaves. This keeps your skin hydrated and relaxed. Also our male customers appreciate this!



Duschplus und  
Deo roll-on (page 15)





## *Revitalizing Spring*

The face is exposed to many environmental factors. In addition, the facial skin is particularly thin. That's why the SOGLIO facial creams provide for the need of a nourishing and thorough care.



## Gentle Facial Care

### PECORLANA CREAM 50 ml

The nourishing cream for sensitive, dry and in particular mature skin. It contains precious sheep's whey particularly rich in hydrating and soothing orotic acid. Pure essential oils, combined with aqueous extracts of filipendula, yarrow and raspberry leaves provide intensive care, as the lanolin basis protects from dehydration.

### IDRA CREAM 50 ml

The hydrating facial day and night cream for sensitive and dry skin. The specially-made sheep's whey saves the moisture in your skin. The lanolin basis protects from dehydration. This cream is fragrance-free and without essential oils.

### BORAGO CREAM 50 ml

The intensive care for sensitive and particularly irritated skin. The facial cream contains nurturing starflower oil and its aqueous extracts provide the necessary vitamins the skin needs. This cream is fragrance-free.




Sativa cream (page 25), Calendula cream (page 5)





## *Good on Foot*

A woman with her hair in a braid is sitting on a stone wall, applying a small tube of cream to her right foot. She is wearing a white t-shirt and light-colored trousers. A red and grey backpack is on the wall next to her, and a pair of dark hiking boots is on the ground. In the background, there is a village with a prominent church tower and mountains under a blue sky.

Often forgotten in body care: healthy, strong and well-groomed feet contribute to our well-being. Our foot care products combine the experiences of SOGLIO with the highest standards of foot care practices. For foot reflexology massages, both our foot care balm and the Valser balm are excellent choices.



## *With SOGLIO the well-being of your feet is provided*

### **FOOT CARE BALM** 35 ml, 75 ml, 220 ml

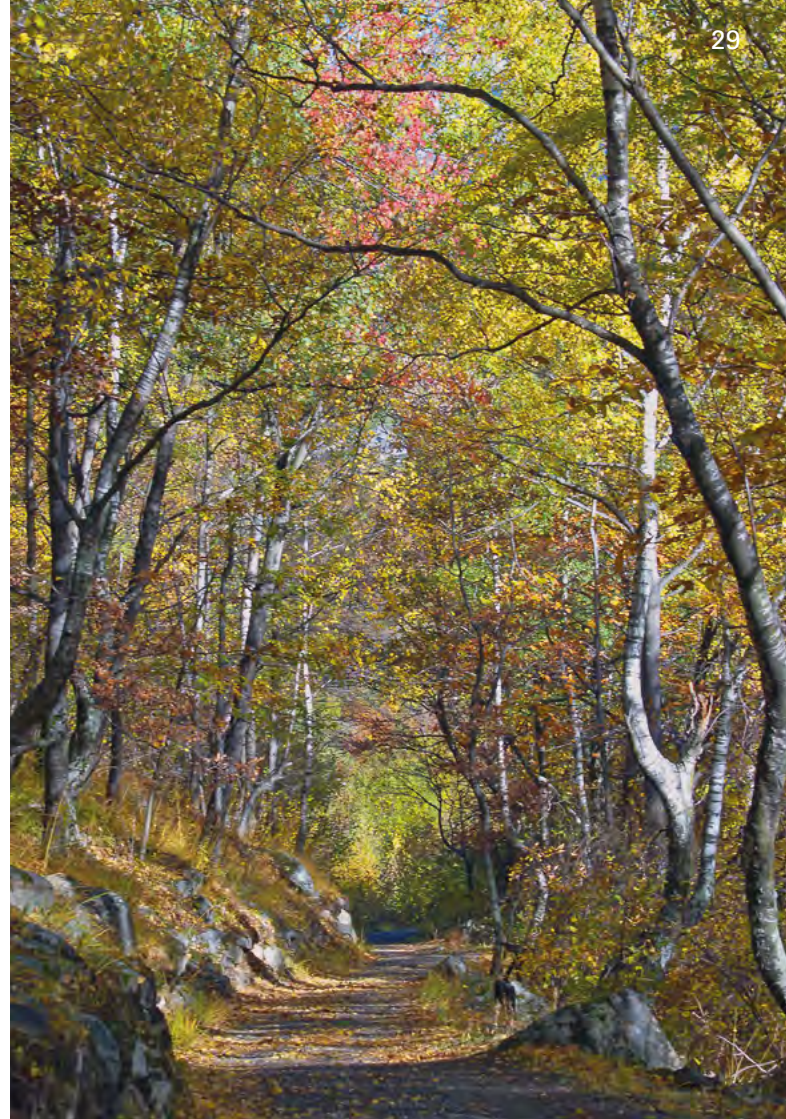
This nourishing balm turns dry skin (even cornea) silky and soft. Hand-picked essential oils of juniper, thyme, lavender and rosemary, as well as goat butter oil create a comfortably refreshing feeling. The balm for an intensive care of feet and calves is ideal for foot massages and for the daily foot care. It nurtures without leaving an oily feel between your toes.

### **FOOT BATH** 200 ml, 1080 ml

This foot bath combines foot care and relaxation. Dissolve ca. 5 ml in a bowl of warm water. The soothing bath revitalizes your feet to their former strengths. A high quality, plant-based surfactant cleanses the feet gently. Essential oils of thyme, rosemary and juniper (*juniperus monticola*) are equally relaxing and vitalizing and exude a refreshing scent. Stemming from wild plants in New Zealand, the manuka oil nurtures and naturally protects against athlete's foot.



Nail balm (page 33), Valser balm (page 7)





## *Soak up the Sun*

### A SOGLIO Speciality

St. John's wort needs sun to unfold its inner strengths. This is why it is only harvested after the summer solstice. Then the leaves mature inside a special grain seed oil mixture under the Bregaglia sun for several weeks until its agents fully activate, and the oil turns red. Already in ancient times these routines were practiced.





## *Treat your Skin Now and Again*

The SOGLIO body and massage oils are based on particularly skin-friendly grain seed and almond oil mixtures. In there the herbal and floral agents are dissolved and activated over several weeks.

### **Soothing & indulging massages**

**LAVENDER OIL** 100 ml, 1080 ml

Vitalizing with the typical relaxing fragrance.

**ROSEMARY OIL** 100 ml, 1080 ml

Stimulating with the typical invigorating, aromatic fragrance

**MELISSA OIL** 100 ml, 1080 ml

Calming with a refreshing, spicy-citrus fragrance

The massage oils are also perfectly suitable as bath oils. Massage the oil into the upper body and arms, and step into the warm bathtub. The raising fumes of the essential oils contribute to the intensive well-being.

### **Gentle body oils without essential oils added**

**CALENDULA OIL** 100 ml, 1080 ml

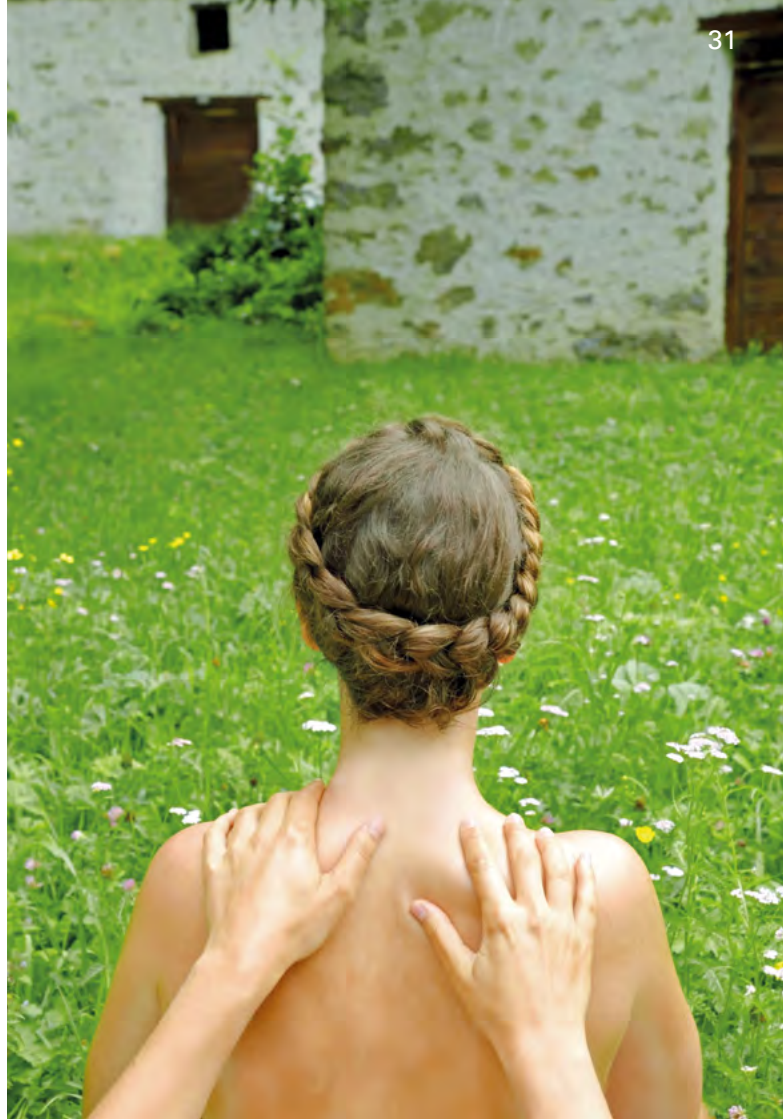
Especially made for dry and sensitive skin care

**CAMOMILE OIL** 100 ml, 1080 ml

For sensitive and stressed skin

**ST. JOHN'S WORT OIL** 100 ml, 1080 ml

For nurturing dry, rough and irritated skin, as well as sunburns. The oil warms you up, as if it had collected the power of the Bregaglia sun for winter. Avoid sun exposure after applying St. John's wort oil to your skin.



# *The Power of Herbs*

Hanspeter Mohler has been delivering SOGLIO with herbs for over 25 years. Some of the herbs he collects from controlled wild plants from Soglio's surroundings and the others he cultivates in one of his organic gardens. Under the stone roofs of Soglio the harvested herbs are gently air-dried.





## Various Specialties

### HAND CREAM 50 ml

The light cream for the daily hand care contains precious extracts from soothing camomile and cell-protecting edelweiss. It keeps your skin soft. The cream protects your skin from drying out and smells understatedly pleasant.

### HAND SPRAY 100 ml

The refreshing hand care spray is ideal for occasional use or on the road. With precious edelweiss extracts and betaglucon that support skin regeneration. The spray makes the skin feel pleasant and soft, and has an antimicrobial effect.

### NAIL BALM 15 ml

The balm strengthens weak, fragile and brittle nails and nurtures the cuticles. The natural oil basis with extracts from comfrey, St. John's wort and neem is completed with goat butter oil and beeswax. This balm has a light herbal fragrance.

### COMFREY CREAM 40 ml

The versatile cream contains aqueous and oily extracts of the roots and leaves of the comfrey plant. Also known as symphytum (lat.) or by its Swiss name 'Wallwurz', this plant has been a remedy for external uses since medieval times. Our formula is completed with thyme oil.



# *A Journey of Fragrances through a very Special Alpine World*

## **EAU DE SOGLIO 50 ml**

The SOGLIO fragrance classic. A refreshing citrus fragrance is completed with a sunny floral component. Lavender blossoms and buddleia accentuate the scent in a special way.

## **BERGELLER WIND 50 ml**

In Bregaglia during the summer, the wind blows up the valley in the morning and down again in the evening. This creates a potpourri of scents from gardens in the south, alpine meadows and forests. SOGLIO collected these scent impressions and with it composed a special fragrance.

## **ACQUA ALPINA 50 ml**

Projects the atmosphere of blossoming alpine meadows. The strong fragrance of our multifaceted alpine world evokes memories of beautiful vacation days.





## *Eau de Parfum* 20 ml

**BREGAGLIA:** dedicated to our rough and yet soft, hard and yet lovely valley. Mountainous-green, herbal-floral, tree needles-evoking, clear.

**VALS:** the journey leads straight through Grisons to Vals. Elegantly-alpine, fresh-floral, a light herbal-mossy undertone.

**ENGIADINA:** Settled, in the middle of picturesque lake landscape in the midst of beautiful larch forests. Fresh, light, spicy, Segantini-like, larch-golden and lucid.

**CARRARA BIANCO:** far in the south during Roman times this marble was already used to build baths and palaces. Festive, warm, aromatic, floral, inspiring, visionary.

**ALBIGNA:** surrounded by granite rocks, the prominent reservoir completes the landscape picture with its cold green water. Fresh, floral-green, light, soothing.

**MARMO D'ARZO:** dedicated to the warm, picturesquely patterned stone. Colourful and floral like a bouquet.

**PIZZO BADILE:** the prominent and mighty rock basement from Bregaglia. Herbal, green, aromatic, woody, animating, vertical, strengthening.





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