



SOGLIO

Nurtured by the force of mountains



MONTAGNE 2019



Nurtured by the Force of Mountains

The SOGLIO founders (center) and part of the staff happily accepted the Prix Montagne Audience Award in 2019. In the laudation, the highest quality standards as well as the use of regional resources, the local anchoring and the contribution to the economic develop-

ment of the Bregaglia region were emphasized. The prize is awarded annually by the Swiss Association for Mountain Regions and Swiss Mountain Aid to companies and projects that are committed to sustainable economic development in mountain regions.

SOGLIO – Closely Connected!

For the Mountains and Bregaglia

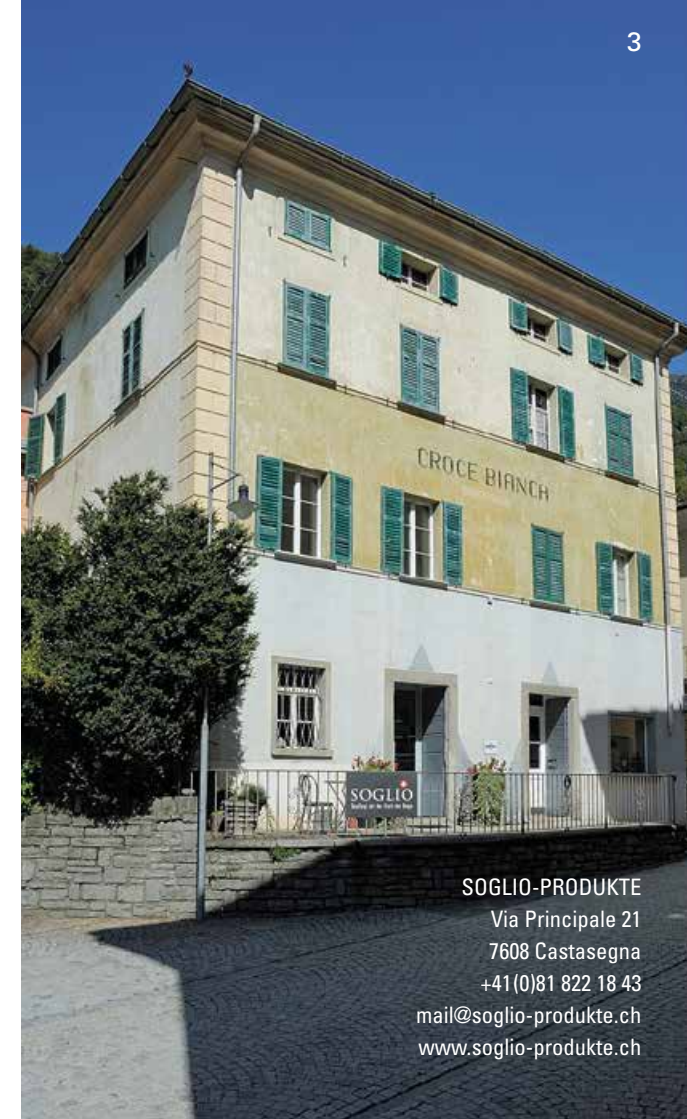
Bregaglia, in the south of Grisons, is a valley full of scenic and cultural treasures. A few kilometers lie between the high alpine climate of the surrounding mountains and the southern ambiance with the chestnut forest between Soglio and Castasegna. In 1979 the company SOGLIO was founded here with the idea to take into account the local features and to create value as well as jobs. This attitude is still lived today - making care a pleasure!

For Nature and People

Over centuries, mountain farmers created a unique cultural landscape that provides a habitat for numerous plants and animals. Only through careful agricultural management can this biodiversity be preserved as an invaluable asset for future generations. By refining regional and biologically produced alpine products, SOGLIO makes its mark for a careful treatment of our nature. Moreover, the production process has been constantly modernized over four decades, without losing sight of the core concern to act in a resource-conserving and responsible manner.

For Skin and Hair

Loving care requires products that are made with connection, heart and soul. For a soothing care experience, SOGLIO carefully develops formulas that are uncompromisingly geared towards the needs of particularly sensitive skin. Each product contains natural substances from the local mountains, especially herbs and flowers. In this way, SOGLIO combines its many years of experience in dealing with sensitive resources with the advantages of the relevant technology. Gentle manufacturing and a large proportion of manual labor are behind every product. Here, quality is created through passion and professionalism: nurtured by the force of the mountains!



SOGLIO-PRODUKTE

Via Principale 21

7608 Castasegna

+41 (0)81 822 18 43

mail@soglio-produkte.ch

www.soglio-produkte.ch

The Power of Herbs

Be it herbs, sheep whey or goat butter oil, every SOGLIO product contains a natural resource from the Grisons mountains. Plants represent the most important group of natural resources, like calendula blossoms (*Calendula officinalis*), which are used in many SOGLIO products thanks to their deeply nurturing properties for dry and chapped skin.



In Good Hands

CALENDULA CREAM: 35 ml, 50 ml, 75 ml, 220 ml

Stressed skin can become dry and rough through strenuous work and frequent hand washing. The popular SOGLIO classic keeps the skin soft and elastic. The universal cream protects sensitive skin, also facial skin, against the cold, and gives it a delicate herbal-floral fragrance. The nourishing cream contains extracts of calendula and St. John's wort. Wheat germ oil on a basis of lanolin rounds off this classic formula.

HAND CREAM: 50 ml

The light cream for the daily hand care contains precious extracts of soothing camomile and cell-protecting edelweiss. It keeps your skin soft. The cream protects your skin from drying out and smells understatedly pleasant.

HAND SPRAY: 100 ml, 250 ml, 1000 ml

This refreshing care spray is ideal for hand hygiene on the go and has also been especially proven as a skin-friendly disinfectant spray. Contains valuable edelweiss extract and beta-glucan, which supports skin regeneration. Provides a pleasant, soft skin feeling and has an antimicrobial effect.

NAIL BALM: 15 ml

The balm strengthens weak, fragile and brittle nails and nurtures the cuticles. The natural oil basis with extracts of comfrey, St. John's wort and neem is completed with goat butter oil and beeswax. This balm has a light herbal fragrance.



Gift sachet «Hand Care» (page 31)



In Soglio, Valeria Bischoff (picture) and Luca Pitsch grow the herbs and flowers they need or collect them in the wild. Like this, the work of Hanspeter Mohler (page 13) and Evie Sprecher is passed on to younger hands.

Indoors and Outdoors

The mild plant soaps from SOGLIO cleanse the skin thoroughly and protect it from drying out thanks to the high oil content. Due to their practical, compact size, the bar soaps fit into any backpack - perfect for multi-day outdoor activities.



Gift box «Five Soaps» (page 31)

Soap Up!

LIQUID SOAP: 250 ml, 1000 ml

Gentle hand cleanser with mild plant-based surfactants and a chamomile extract. The light foam ensures thorough cleaning of the hands. The refreshing herbal scent gives a pleasantly clean feeling. pH skin neutral.

SOAP WITH ALPINE HERBS: 25 g, 95 g

With a fresh and revitalizing fragrance. Contains calendula, camomile and juniper, as well as calendula blossoms.

LAVENDER SOAP: 95 g

With a delightfully fresh and soothing lavender fragrance. Contains lavender extracts as well as essential lavender oil.

SOAP WITH ST. JOHN'S WORT: 95 g

With a soothing floral fragrance. Contains nourishing St. John's wort oil.

SOAP MONTAGNA: 95 g

With a refreshing citrus fragrance. Contains SOGLIO spiraea oil.

BERGWALD SOAP: 95 g

With a strong, mossy fragrance. Contains oils from spruce, juniper and larch branch tips. The name of the soap is dedicated to the mountain forest project "Bergwaldprojekt" that, with its hard work, continues to make a large contribution to the preservation of the cultural landscape in the mountains (www.bergwaldprojekt.ch).

SOGLIO bar soaps are produced in a soap manufacture according to the traditional cold saponification process. The strict recipe specifications and the high-quality oils and herbs supplied by SOGLIO ensure the highest quality.

Landscape Full of Strength

Know How

In the alps, the sun is particularly strong. The best protection besides adequate clothing is sun screen. Apply Solar 7 half an hour before sun exposure, repeat when necessary and allow yourself to stay in the shade every now and then.



Protection Against Wind and Weather

LIP BALM: 15 ml

Cold and dry weather can put stress on your lips. The intensive care lip balm protects the lips from cold and prevents rough and brittle skin. The base of this formula consists of beeswax, extracts of camomile and calendula dissolved in wheat germ oil, as well as jojoba and sesame oil. Together these ingredients make your lips soft and nourished.

SOLAR 7: 35 ml, 75 ml, 200 ml

When exposed to the sun, your skin needs extra care. Even before there was a sun protection factor (SPF), SOGLIO had developed a product that stood the test with sensitive skin. Solar 7 made itself a name with our sun-sensitive users. Even under strong sun exposure, from the Himalaya over 7000m a.s.l., or Australia, our customers have reported to us about their good experiences. Extracts from chestnut leaves and walnut shells support the protection with the UVA and UVB filters (SPF 10). Solar 7 also protects the skin from dehydrating. Avoid contact with clothing, as the natural ingredients of the products may rub off.

AFTER-SUN: 100 ml, 200 ml

Long sun exposure dehydrates and burdens the skin. The skin feels brittle and stressed. The After-Sun gel provides intensive moisture and pleasantly cools and relieves excessive heat. After-Sun is fast-absorbing and will not leave an oily feel. It supports a natural skin balance and speeds up the skin regeneration. The gel contains extracts of calendula, St. John's wort and lavender.

The chestnut, which used to be the bread of the poor in Bregaglia, is not only used in the kitchen, but also has good qualities for your body. The skin profits from the astringent effect of the leaves and their advantageous sun protection. The fruits provide the skin with strengthening anti-oxidants.

Pure Joy of Living

SOGLIO shower specialties are ideal for daily mild and thorough cleansing. Thanks to the natural ingredients, they are easily biodegradable.



Gentle Herbal Care for Hair and Scalp

SHAMPOO FOR NORMAL HAIR: 35 ml, 200 ml, 1000 ml

This cleansing, mild and plant-based shampoo for normal and dry hair contains extracts of sage, calendula and nettles. It exudes a warm herbal fragrance.

SHAMPOO GRAN ALPIN: 200 ml, 1000 ml

This nourishing shampoo for normal and oily hair contains extracts of alpine barley and hand-picked herbs. It turns your hair soft, voluminous and shiny – with a fruity-balsamic fragrance.

SHAMPOO ANTI-DANDRUFF: 200 ml, 1000 ml

Extracts of alpine lichen, combined with hand-picked herbs (nettles, coltsfoot, equisetum) have a nourishing effect, prevent dandruff and give the shampoo its warm herbal fragrance.

CONDITIONER: 35 ml, 200 ml

Damaged and dry hair receives special care with this rinse-out balm. The conditioner protects the hair structure from exposure and makes it easy to detangle. Edelweiss and hand-picked herbs strengthen the hair and give it a new glow and softness.

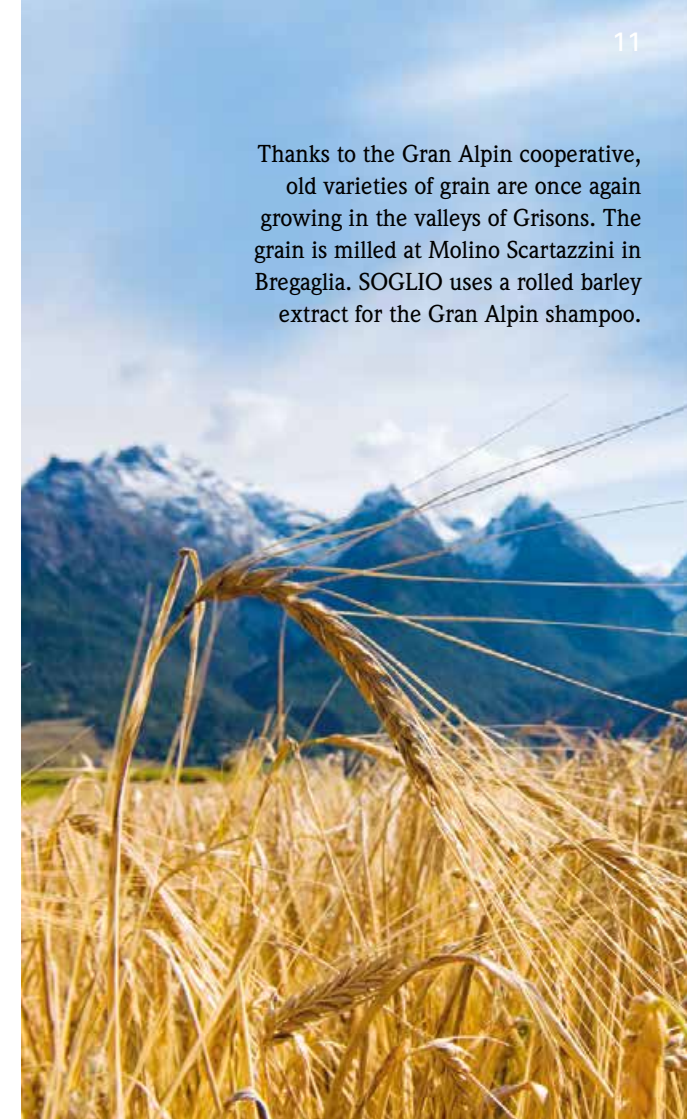
HAIR WATER: 100 ml

When the scalp is stressed or irritated, the hair roots are weakened. This refreshing tonic with extracts from traditionally dried chestnuts from Bregaglia and essential rosemary oil strengthen and nourish the scalp and support blood circulation.

HAIR OIL: 30 ml

The intensive cure for strengthening brittle and stressed hair ends. It contains precious SOGLIO calendula oil and nourishing hemp and jojoba oil. This leaves the hair with a lovely shine and a fresh floral scent.

Thanks to the Gran Alpin cooperative, old varieties of grain are once again growing in the valleys of Grisons. The grain is milled at Molino Scartazzini in Bregaglia. SOGLIO uses a rolled barley extract for the Gran Alpin shampoo.



Bubbly Streams, Brawling Waterfalls - Bregaglia



Feeling Fresh Everyday

SHOWERPLUS: 35 ml, 100 ml, 200 ml, 1000 ml

For those who keep it uncomplicated: a refreshing shower gel and shampoo in one. Shower-plus with its sprightly-herbal fragrance is our most popular shower product. Hydrating extracts of hemp leaves make this plant-based shower gel a gentle cleanser for both body and hair.

DUSCHBAD: 200 ml, 1000 ml

The gentle shower gel with a floral-herbal fragrance. Extracts of large-leaved linden blossoms, melissa and hand-picked herbs make this a refreshing shower experience.

DUSCHBAD LAVENDER: 200 ml, 1000 ml

We recommend this gentle shower gel particularly for sensitive skin. Hydrating herbal extracts as well as essential lavender oils gently cleanse your skin and exude a lovely and calming fragrance.

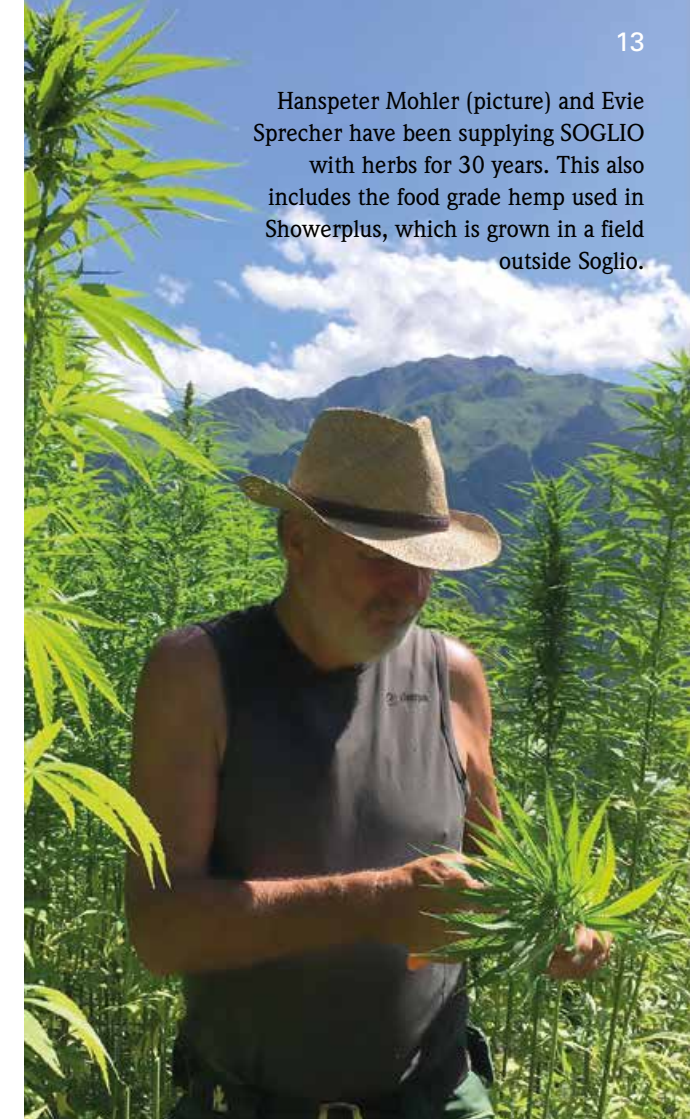
DEODORANT ROLL-ON: 50 ml

This natural deodorant will give you a long-lasting fresh feeling. Women and men alike appreciate the understated floral fragrance. Extracts of sage and camomile and other plant-based ingredients create a deodorizing and soothing experience. Apply the roll-on on dried skin and let it dry for optimal use.

TOOTHPASTE: 75 ml

Specially crafted for SOGLIO, the natural toothpaste contains extracts of green tea for gentle dental hygiene. Extracts of camomile nurture your gums. Peppermint oil and liquorice leave a fresh taste in your mouth.

Hanspeter Mohler (picture) and Evie Sprecher have been supplying SOGLIO with herbs for 30 years. This also includes the food grade hemp used in Showerplus, which is grown in a field outside Soglio.



The Bearded Man



Grooming Specialties for Men

BEARD-SOAP: 45 g, 2x 45 g

The rough landscape of Bregaglia often brings out the most charismatic guys! And not too rarely, they have beards. Like all hair, beards need to be cleaned properly. For this purpose, our beard soap has proven its worth. The clay binds dirt and grease and the soap cleanses the facial skin to prevent blemishes.

BEARD OIL: 30 ml

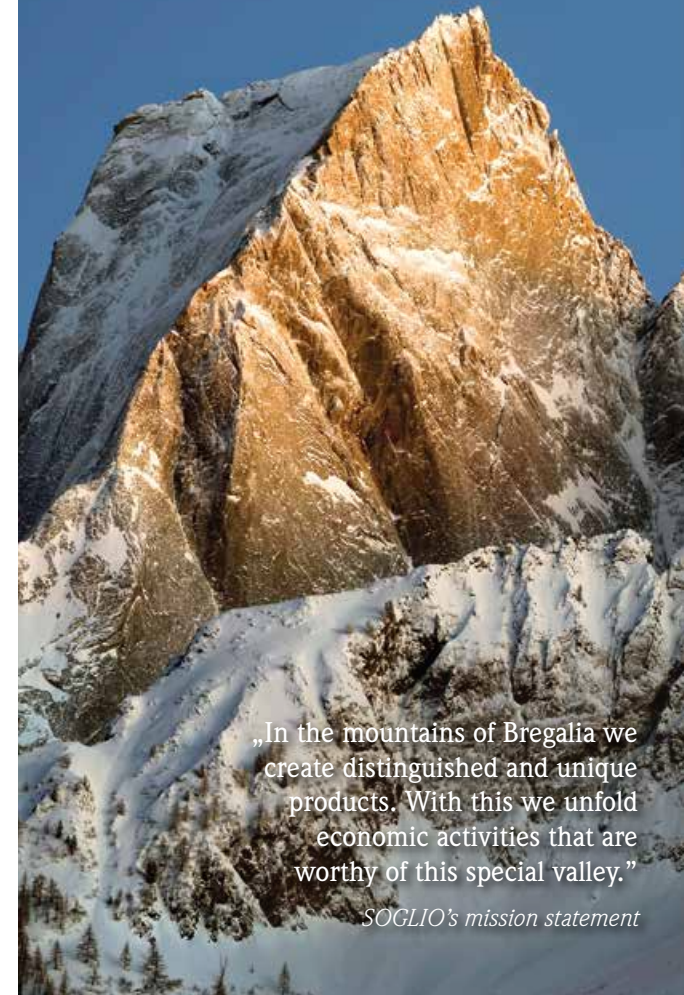
The oil helps when the beard gets itchy. It provides your beard hair and facial skin with the necessary nurturing ingredients and even helps dry facial skin. Moreover, the oil gives your beard a nice shine and a lovely balsamic fragrance.

ACQUA CASTANEA: 100 ml

The vitalizing aftershave with a refreshing herbal fragrance. Bregaglia chestnuts create an astringent effect. Acqua Castanea may also be applied before shaving. The leaves and the essential oils are resolved in a 28% tincture without solubilizing agents, so please shake well before use. Avoid contact with clothing, as the extracts from chestnut leaves may rub off.



Gift set «Barba» (page 31)



„In the mountains of Bregalia we create distinguished and unique products. With this we unfold economic activities that are worthy of this special valley.”

SOGLIO's mission statement

Cultural Landscape Full of Life



Take Your Time, Treat Yourself, Just Be Present

BODY MILK: 35 ml, 200 ml, 1000 ml

This rich, liquid cream contains hydrating sheep whey from Engadin and almond oil. It gently nourishes the skin with a floral fragrance, hydrates and makes it comfortably soft. This emulsion works best when applied to damp skin.

BODY MILK LAVENDER: 200 ml

This rich body milk absorbs quickly without leaving an oily feel. Sheep whey and almond oil protect the skin from drying out. Revitalizing lavender oil nurtures the skin and gives it a calming fragrance.

BODY LOTION SATIVA: 100 ml, 200 ml, 1000 ml

The light body lotion contains aqueous hemp extracts as well as hemp seed oil and olive oil. It is absorbed quickly without greasing. The lemony fragrance provides a refreshing care experience. The formula provides intensive moisture and has a cell-renewing effect. The light body lotion keeps the skin soft and smooth.

STONE BODY MILK: Wellness care to treat yourself.

Grisons as an experience for body and soul.

- BREGAGLIA with a green mountainous fragrance: 200 ml
- VALS with a refreshing herbal fragrance: 200 ml, 1000 ml

EXFOLIATING BODY SCRUB: 200 ml

This rich exfoliating scrub leaves the skin feeling pleasantly soft. Fine organic sugar from Switzerland gently removes hardened skin cells and provides a smooth sensation without irritating the skin. SOGLIO calendula and chamomile oil provide rich care. With a light, bitter-sweet floral fragrance.



Sheep whey is particularly suitable for comprehensive skin care. In addition, sheep maintain the landscape and thus also support biodiversity. This is clearly visible on the colorful rough pastures of the Albulahof farm, from which SOGLIO obtains its whey. Simone (picture) and Eugen Greder-Flükiger run the bio-dynamic farm in the Engadin in the second generation.

SOGLIO – at the Source

A daily facial routine keeps your skin healthy and prevents your pores from clogging and irritations.

Daily Care for Her and Him

FACIAL WATER: 100 ml, 1000 ml

Refreshing after-tonic for an after-cleanser of normal and oily skin. With nourishing calendula extracts, renews the skin and removes any remaining make-up.

WASHING LOTION: 100 ml

The gentle lotion for a mild cleansing of normal, dry and sensitive skin. It contains precious extracts of edelweiss, thyme, large linden blossoms and buddleia. This creates a soft antimicrobial and soothing effect. The washing lotion also removes make up.

CLEANSING LOTION: 100 ml

For a pore-deep cleansing of oily and normal skin. The lotion is pH-balanced and contains sheep whey, as well as cleaning lichen extracts and essential oils.

SERUM: 30 ml

Intensive care for sensitive areas of the face, for example around the eyes, with extracts of borage and elderberry leaves. Apply before the face cream. Without perfume.



Clear, fresh mountain spring water can be found in all SOGLIO products. This precious source full of energy and minerals gets our special landscape to flourish.

Revitalizing Spring

The face is most exposed to environmental influences. On top of that, the facial skin is particularly thin. With SOGLIO, every skin type can find a suitable face cream.



Suitable Care for any Skin Type

SATIVA CREAM: 50 ml

The nourishing day and night cream specially made for normal and combination skin. The facial cream is rich in hemp seed oil and extracts of hemp leaves. This keeps your skin hydrated and relaxed. Our male customers also appreciate this!

IDRA CREAM: 50 ml

The hydrating facial day and night cream for sensitive and dry skin. The specially-made sheep whey preserves the moisture in your skin. The lanolin basis protects from dehydration. This cream is fragrance-free and without essential oils.

PECORLANA CREAM: 50 ml

The nourishing cream for sensitive, dry and in particular mature skin. It contains precious sheep whey particularly rich in hydrating and soothing orotic acid. Pure essential oils, combined with aqueous extracts of filipendula, yarrow and raspberry leaves provide intensive care, while the lanolin basis protects from dehydration.

MALVA CREAM: 50 ml

The light day and night care for oily and combination skin also provides relief for stressed skin. The face cream contains precious extracts of mallow with nourishing mucilage and yarrow, which is rich in bitter substances, tannins and flavonoids. The light, herbaceous fragrance provides a daily feeling of freshness.

BORAGO CREAM: 50 ml

The intensive care for sensitive and particularly irritated skin. The facial cream contains nurturing starflower oil and its aqueous extracts provide the necessary vitamins the skin needs. This cream is fragrance-free.



Good on Foot

Often forgotten in body care: healthy, strong and well-groomed feet contribute to our well-being. Our foot care products combine the experiences of SOGLIO with the highest standards of foot care practices. For foot reflexology massages, both our foot care balm and the Valser balm are excellent choices.

With SOGLIO, Your Feet Are Taken Care of

FOOT CARE BALM: 35 ml, 75 ml, 220 ml

This nourishing balm turns dry skin (even cornea) silky and soft. Hand-picked essential oils of juniper, thyme, lavender and rosemary, as well as goat butter oil create a comfortably refreshing feeling. The balm for an intensive care of feet and calves is ideal for foot massages and for your daily foot care. It nurtures without leaving an oily feel between your toes.

FOOT BATH: 100 ml, 540 ml

This foot bath combines foot care and relaxation. Dissolve ca. 5 ml in a bowl of warm water. The soothing bath revitalizes your feet to their former strengths. A high quality, plant-based surfactant cleanses your feet gently. Essential oils of thyme, rosemary and juniper are equally relaxing and vitalizing and exude a refreshing scent. Stemming from wild plants in New Zealand, the manuka oil nurtures and naturally protects against athlete's foot.

COMFREY CREAM: 40 ml

The versatile cream contains aqueous and oily extracts of the roots and comfrey plant leaves. Also known as symphytum (lat.) or by its Swiss name 'Wallwurz', this plant has been a remedy for external uses since medieval times. Our formula is completed with thyme oil.



Soak up the Sun



Treat Your Skin Now and Again

The SOGLIO body and massage oils are based on particularly skin-friendly grain seed and almond oil mixtures. In this mixture, the herbal and floral agents are dissolved and activated over several weeks.

SOOTHING & INDULGING MESSAGES

LAVENDER OIL: 100 ml, 540 ml

Vitalizing with the typical relaxing fragrance.

ROSEMARY OIL: 100ml, 540 ml

Stimulating with the typical invigorating, aromatic fragrance.

MELISSA OIL: 100 ml, 540 ml

Calming with a refreshing, spicy-citrus fragrance.

The massage oils are also perfectly suitable as bath oils. Massage the oil into the upper body and arms, and step into the warm bathtub. The raising fumes of the essential oils contribute to the intensive well-being.

GENTLE BODY OILS WITHOUT ESSENTIAL OILS ADDED

CALENDULA OIL: 100 ml, 540 ml

Especially made for dry and sensitive skin care.

CAMOMILE OIL: 100 ml, 540 ml

For sensitive and stressed skin.

ST. JOHN'S WORT OIL: 100 ml, 540 ml

To nurture dry, rough and irritated skin, as well as for sunburns. The oil warms you up, as if it had collected the power of the Bregaglia sun for winter. Avoid sun exposure after applying St. John's wort oil to your skin.

St. John's wort needs sun to unfold its inner strengths. This is why it is only harvested after the summer solstice. Then the leaves mature inside a special grain seed oil mixture under the Bregaglia sun for several weeks until its agents fully activate, and the oil turns red. Already in ancient times these routines were practiced.



Active and Fit – Good for Body and Soul

Outdoor activities like mountain bike tours, hiking and climbing can be very exertive for your muscles and bones. But the indescribable beauty you experience outside is worth the pain! It is therefore important to take the time to prepare and warm up. With this comes the right body care before and after each work-out. Of course, SOGLIO has suitable products for that.



Nicole Reist has been the world's best ultra cyclist for ten years. The extreme athlete relies on SOGLIO care products during her long-distance races.

Alpine Power!

SOLIOFIT: 50 ml, 200 ml

The regenerating sports massage balm for shoulders, back, hips and knees before and after physical exertion. The balm consists to one third of mountain goat butter oil as well as peanut oil, alpine hemp oil and extracts of spirea (meadowsweet) and rosemary. The refreshing fragrance is the result of a special mixture of essential oils, which stimulate blood circulation. Not suitable for children under 6 years.

VALSER BALM: 50 ml, 200 ml

An intensive massage balm for a soothing cure-like care. Rich in nurturing goat butter oil to regenerate the joints. Essential oils of rosemary, juniper, thyme and lavender support the blood circulation and nurture the skin.

SPIREA SPORT: 100 ml, 540 ml

An intensive massage with this stimulating sports massage oil feels great before and after physical activity. Extracts of spirea flowers and leaves as well as various essential oils promote blood circulation and give the oil its sporty scent. Spirea Sport can also be used as a bath oil. Not suitable for children under 6 years.

CHAMOIS CREAM: 50 ml

This special cream has been developed by SOGLIO together with the biking specialist VELO-PLUS. The skin takes a lot of stress where friction, pressure and sweat come together – e.g. on long bike tours, when horse riding or rowing, or in a wheel chair. The oils and hydrous extracts of St. John's wort and calendula provide intensive care and keep the skin elastic. This cream is friendly to mucous membranes.



The excellent properties of goat butter with its short-chain fatty acids were already known in folk medicine as a treatment for muscles and joints. Mountain goats also prevent bush encroachment in the Alps because they graze neatly even in inaccessible areas. The butter is supplied by the Plankis Foundation, which provides housing and jobs for people with disabilities in Grisons.

A Journey of Fragrances Through a Very Special Alpine World



Mountain Scent

EAU DE COLOGNE

EAU DE SOGLIO: 50 ml

The SOGLIO fragrance classic. A refreshing citrus fragrance is completed with a sunny floral component. Lavender blossoms and buddleia accentuate the scent in a special way.

BREGAGLIA WIND: 50 ml

In Bregaglia during the summer, the wind blows up the valley in the morning and down again in the evening. This creates a potpourri of scents from gardens in the south, alpine meadows and forests. SOGLIO collected these scent impressions and composed a special fragrance out of it.

ACQUA ALPINA: 50 ml

Projects the atmosphere of blossoming alpine meadows. The strong fragrance of our multifaceted alpine world evokes memories of beautiful vacation days.

EAU DE PARFUM

STONE BREGAGLIA: 20 ml

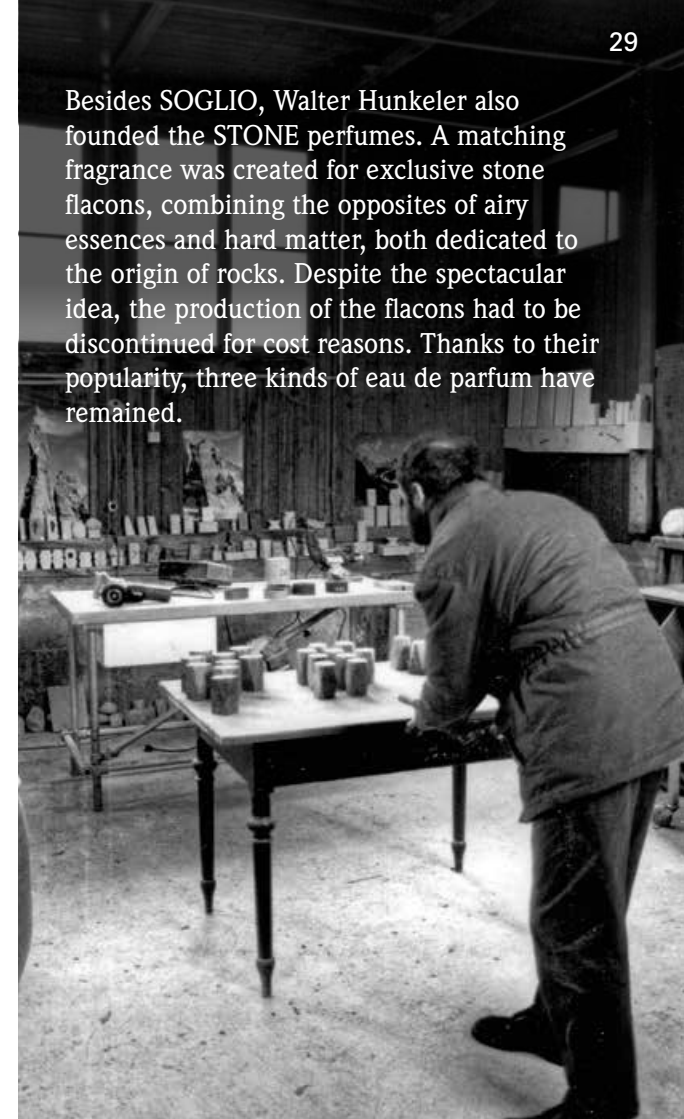
Dedicated to our rough and yet soft, hard and yet lovely valley. Mountainous-green, herbal-floral, tree needles-evoking, clear.

STONE VALS: 20 ml

The journey leads straight through Grisons to Vals. Elegantly-alpine, fresh-floral, a light herbal-mossy undertone.

STONE ENGIADINA: 20 ml

Settled, in the middle of picturesque lake landscape in the midst of beautiful larch forests. Fresh, light, spicy, Segantini-like, larch-golden and lucid.



A Piece of Bregaglia at Home

Irene Cadurisch from Bregaglia has already participated in two Olympic Games, where she won a diploma in 2018. It goes without saying that SOGLIO products were also a part of it.



A Moment of Vacation to Give Away

ALPINE LOVE for everybody who knows or wants to get to know SOGLIO: Solar 7, Calendula cream, Foot care balm, Body milk, Showerplus (35 ml tubes each).

GRISONS ALPINE POWER to bring home or try out: Mountain herbs soap 25 g, Showerplus 15 ml, Body milk 15 ml, Calendula cream 5 ml, Foot care balm 5 ml, Massage oil 15 ml, Pecor-lana cream 5 ml.

BUNDI for travelling: Calendula cream 35 ml, Showerplus 100 ml, Mountain herbs soap 25 g.

HAND CARE a small gift for him and her (picture page 5): hand cream 50 ml, hand spray 100 ml, Soap with Alpine Herbs 25 g.

BERGWALD for daily care: Shampoo for normal hair 200 ml, Showerbath 200 ml, Calendula cream 50 ml, Bergwald soap 95 g.

MONTAGNA for the active: Showerplus 200 ml, Foot care balm 75 ml, Soliofit 50 ml, Montagna soap 95 g.

FIVE SOAPS to bring home or for the outdoors (picture page 6): Mountain herbs soap, Bergwald soap, St. John's wort soap, Lavender soap, La Montagna soap (95 g each).

BARBA for those with beards (picture page 15): Beard oil 30 ml and beard soap 45 g.





SOGLIO-PRODUKTE AG

Via Principale 21, 7608 Castasegna
Switzerland

Tel. +41 (0)81 822 18 43

Fax +41 (0)81 822 19 70

 mail@soglio-produkte.ch

 mail@soglio-produkte.eu

www.soglio-produkte.ch

graubünden

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